

My 11 Plus Preparation Timetable

A flexible weekly plan — colour-code by subject, keep sessions short (30-45 min), and protect a rest day.

Subjects: English Maths Verbal Reasoning Non-Verbal Reasoning Reading / Rest

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Before school							
After school 1							
After school 2							
Evening							
Weekend AM							
Weekend PM							

Tip: It's not doing papers that improves scores — it's the marking, feedback and gap-filling afterwards. One or two papers a week is ample.

Free 11+ papers & video walkthroughs at examtutor.co.uk